Fielding and Wicket Keeping quiz and crossword

Answers

Fielding Quiz

1.
- Aggressive mentality
- Looking to take 10 wickets in 50 overs
- Be flexible but look to keep things simple to your strength

2.
- Try to create a chance when there isn't much happening- moving the odd fielder/but stick to the same plans
- Cause doubt in the batsmans mind as to what could be happening
- Therefore taking their attention away from batting

3.
- don't want to have legs too far across, don't want our knees stopping out hands
- Want to be able to move freely
- Be balanced and relaxed
- Don't push at the ball
- Want your head position to be still and eyes level
- Weight on the inside of your feet-allows you to move easily
- The low catches are the toughest - wanting your hands and head to work together and be as close to the ball as possible

4.
- Volume
- Intensity
- Putting your skills under pressure in the practice with a high volume of intense work, this then puts players in a better place to go and perform the skills under pressure in a game environment

5.
- Relaxed in the morning of the game- get the feet moving and catching the ball in-line with your head
- Ensuring you nail the basics

6.
- Being the captains best mate, giving feedback to the captain around how the pitch is reacting
- You have the best view of the field and positions/angles players are in.
- Therefore having a good relationship with the captain and bowler will ensure that there is a level of trust between the three of you, so if someone is out of place in the field, they have the trust in you to be able to change this to make sure this is correct.

7.
- When taking down the leg side- making sure that the head stays outside off stump so you can see the ball for as long as possible before moving down the leg side.
- Always going back to the stumps

- To a right handed batsman the left leg looks to move first and then head and hands come across.
- off-side you don't need to make as much of a movement across to receive the ball, but the basics still apply, ensuring you are in a low powerful position to move if required, and your head/hands work together.

8.
- Don't let the batter distract you
- Stay low
- Relax and react

9.

- Split seconds for stumpings- don't want to give with the ball when you take it
- Try not to go up and away from the ball
- Need to practice this technique- hard to perform this without practicing a lot
- Transfer or weight back into the stumps
- The movement comes from your legs, going towards the stumps slightly before catching the ball

10.
- Because you are trying to transfer the weight back to the stumps, hands can often get hard and end up dropping the ball
- First thing to focus on is taking the ball
- If you are too eager your hands can also go in-front of the stumps, which then results in a no-ball being called
- Timing is everything, need to practice to ensure that your timings are spot on to impact a stumping.

Fielding Crossword

Across

3. Pushing

5. Aggressive

6. Intensity

7. Balanced

9. Split Second

13. Track

14. Apart

Down

1. Stumps

2. Level

4. Head and hands

8. Left Leg

10. Powerful

11. Inside

12. Distract