



Essex Cricket at Home Resources

Barking Bash Videos

<https://youtube.com/playlist?list=PL7cW2yQ4LuNZa35rRtBz4POKKIVVCVpDg>

Essex Schools Session Ideas

https://youtube.com/playlist?list=PL7cW2yQ4LuNbLLJrRTur_Gat4_PeHafKm

Chance to Shine Cricket at Home Videos

<https://youtube.com/playlist?list=PLdD6u9OsMyMva1KFhkHZiv8f2Q9xiwHT->

Joe Wicks PE

This is a link to his Youtube page. Sessions will be live on Mondays, Wednesdays and Fridays at 9am.

<https://www.youtube.com/user/thebodycoach1>

London Youth Games Cricket Challenge

<https://www.youtube.com/watch?v=GDxg6BUpVzs>

Free Online Umpiring Course

This online course is designed to give you an overview of the basic Laws of the game and how to apply them and introduce the principles of field craft and match management. It will give you the tools to enable you to umpire matches at the basic recreational level where there are no independent umpires appointed.

This free course is completely online and once registered you should receive your e-learning log in details within two working days.

<https://booking.ecb.co.uk/c/express/f34d46f4-afe5-4459-94d7-4ab66ab0235c>

Big 6 Challenge

It is a great resource for schools or parents to use at home with their children, providing 6 days of activity across a range of subjects. The resource covers Life Skills, Creativity, English, Sensory, Maths and History linking to cricket and Essex along the way.

<https://www.essexcricket.org.uk/wp-content/uploads/2020/06/Essex-Cricket-in-the-Community-Big-Six-Challenge-Overview-Experience-Sheets.pdf>

All Stars Activity Booklet

2020 All Stars Activity Booklet which has been adapted so that all content is suitable for families whilst they are at home. We look forward to seeing quiz answers, recipe outcomes and videos of cricket skills from all our junior cricketers.

[https://resources.ecb.co.uk/ecb/document/2020/04/23/39b7b928-6850-4db2-b713-d7667a8bd2a5/All Stars Cricket 2020 Activity Booklet.pdf?utm_campaign=11492464_24042020_COVID19_Update_Clubs_Leagues&utm_medium=Email&utm_source=Email_AdHoc&email=&dm_t=0,0,0,0,0](https://resources.ecb.co.uk/ecb/document/2020/04/23/39b7b928-6850-4db2-b713-d7667a8bd2a5/All%20Stars%20Cricket%202020%20Activity%20Booklet.pdf?utm_campaign=11492464_24042020_COVID19_Update_Clubs_Leagues&utm_medium=Email&utm_source=Email_AdHoc&email=&dm_t=0,0,0,0,0)

Dynamos App

It's full of cricket skills videos, activities and quizzes to keep all children aged 8+ active at home or in the garden.

<https://apps.apple.com/gb/app/dynamos-cricket/id1497131691>

UK Coaching: A Parent's Guide to Supporting Your Kids to Stay Active

Information and advice for parents so they can better support their children to remain physically active throughout this period of social distancing and isolation

https://www.ukcoaching.org/our-campaigns/parents?utm_source=newsletter&utm_medium=email&utm_campaign=greatcoaching-newsletter&utm_term=jan-070120