



Key principle information

The Key Principles document has been designed to offer a reference point of what we are looking for in players to progress towards professional cricket. It outlines all disciplines as well as what character traits, physicality, and personal development areas we feel high potential players should be looking to aim towards.

It is to help coaches and players identify individual strengths and their development areas. This can then help formulate a 'Personal Development Plan' or training programme to meet the needs of the individual. It will hopefully allow players to start to understand what is needed at the next level and start to shape their training to help them reach the level they are aspiring towards.

Use the Key Principle document to identify a strength and the main development area that you are going to work on in the next 6 months. You can then share these with your coaches when we are back up and running and playing again (no need to send them in to me at this stage).

Fill out the attached Personal Development Plan (PDP) adding in one strength and one key development area for the areas below:

- Character
- Physical
- Fast Bowling or Spin Bowling
- Batting
- Fielding or Wicket Keeping
- Personal Development

The areas below in the PDP are for the coaches to fill out. You do not have to put in a value, but this is a basic meaning:

CURRENT PERFORMANCE; Scoring 100's/taking 5 wicket hauls withing County Age Group, Regional, Club, School (a higher value placed on the higher level of cricket).

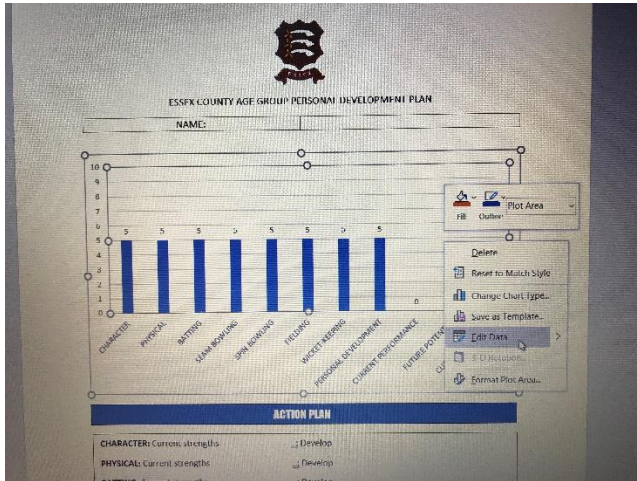
FUTURE POTENTIAL; They will play First Class Cricket and Beyond

CURRENT READINESS; Is ready to perform at the next level (see below)

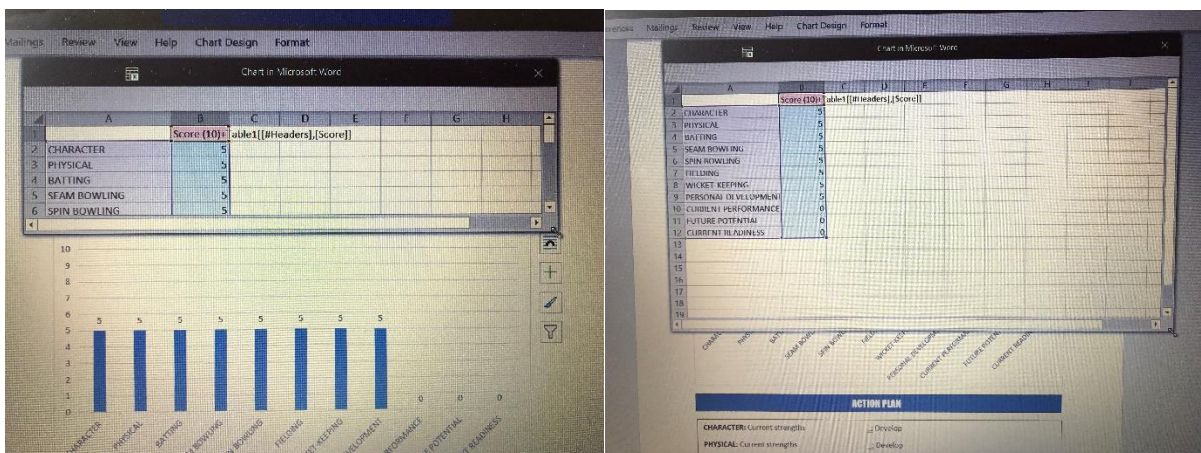
<i>Current Age Group</i>	<i>Next level</i>
<i>U12</i>	<i>EPP</i>
<i>U13</i>	<i>EPP</i>
<i>U14</i>	<i>EPP</i>
<i>U15</i>	<i>Academy</i>
<i>U18</i>	<i>2nd XI</i>
<i>Academy</i>	<i>2nd XI</i>
<i>2nd XI</i>	<i>1st XI</i>



To put in your scores/values in the PDP document; right click on the graph – Edit Data



Use the arrow in the bottom right corner to expand the box



Rate yourself out of 10 using the below scale:

10 = International

9 = County First Class

8 = County 2nd XI

7 = County Academy/ 1st XI Club Cricket

6 = Age Group Regional

5 = County Age Group

4 = County Age Group

3 = District Age Group

2 = District Age Group

1 = Club/School Cricket