

## Job Description



**Job Title: Squad Physiotherapist**

**Salary: Competitive**

**Full time Employment**

**Reports to: Lead Physiotherapist**

**Hours of work: Full time with weekend work and unsociable hours will be required.**

**Purpose of the Position:** To provide physiotherapy services for the professional, academy and EPP squads, with support from the Lead Physiotherapist and Head of Athletic Development.

### **Person Specification**

#### **Essential**

- Undergraduate Degree in Physiotherapy
- HCPC Registered
- CSP Registered
- Completed DBS
- Previous experience in professional sport
- Excellent IT/Administrative skills
- Knowledge and experience of Safeguarding and EDI policies
- Full Driving Licence

#### **Desirable**

- Masters degree in Physiotherapy/Sports Injury
- Previous experience in professional sport
- Advanced Life Support Trained
- Experience of performing/collaborating with Research projects

**Location:** Cloud County Ground, Chelmsford.

#### **Main Duties:**

- Provide full physiotherapy services for the professional/academy squads during summer season and the academy/EPP squads during winter.
- Provide matchday cover for all Second XI and First XI (when required). Fixtures.
- Injury Rehabilitation – When required to, deliver injury rehabilitation program in conjunction with specific guidelines laid down by the Lead Physio & Head of Athletic Development, in preparation for a quick and safe return to play.
- Be responsible for providing a diagnosis/prognosis/safety to continue with in-game injury.

#### **Key Skills & Capability**

- Readily available to travel and stay overnight/s with selected team.
- Ensuring efficient communication of player injury status between teams.
- Ensure all injuries are appropriately documented using best practice on the relevant ECB medical records system.
- Assist in undertaking musculo-skeletal screening and injury risk profiling in conjunction with the S&C Coaches during the season.
- In season Monitoring – Bowling Workload, RPE, physical competency/strength/power output testing should be monitored as often as is required by the Head of Athletic Development/Lead Physio.
- Lead team warmups, supervise gym training sessions and recovery sessions when required.
- Assess and treat Essex Academy, Essex Women, Essex emerging and age group players as and when required by the Lead Physio.
- Provide injury reports when required for both the Science and Medicine team and coaching staff.

- Fitness testing and monitoring for Professional & Academy Squad– supporting Lead S&C/Squad S&C in delivering comprehensive battery of fitness testing designed to cover all aspects of player Development.
- Nutrition – be consistent in the messages coming from the Head of Athletic Development and Lead Physio. To be able to offer basic advice on an adhoc basis to players of any age.
- Personal Development- Actively pursue a strong professional development programme.
- Set a good example to all in conjunction with the Staff Handbook
- Be ready and available to assist with other commitments that fall outside the Job Description that may be asked of by the Head of Athletic Development/Lead Physio/Head Coach and Head of Cricket operations.

*This role profile is not exhaustive; it will be subject to periodic review and may be amended to meet the changing needs of the business. The post holder will be expected to participate in this process, and we would aim to reach agreement to the changes.*